

TWIN RIVERS PADDLE CLUB

Minutes

JANUARY 12, 2010

1. OPEN

The meeting was called to order by Bill Sadler at 7:00 on January 12, 2010.

Bill welcomed the new members and the visitors that were attending the meeting for the first time.

2. PROGRAM

The program on cold weather paddling was presented by Terry Rich. Bill referenced an article by Michael Grey "Dress for Success." This article means you dress to be fully functional in the water. Both Bill and Terry stressed the importance of wearing the right clothing for cold water paddling. Synthetics and no cotton is very important. Hypothermia is very serious. Hands, feet and heads must be covered. Handouts "Off Season Boating, Cold Shock, and Hypothermia" were given out. This handout covers what happens in cold water, cold shock, hypothermia, and what to do when you are in the water. It was stressed that you must have a plan if paddling in cold water along with having the right equipment.

3. Officers Report

President: Training classes, dates will be put on the agenda for the next meeting.

Vice President: Randy discussed the upcoming paddles. He put together the list on the website. Coffee paddles will begin this year. This will be an open paddle.

Treasurer: There is \$2280.00 in the bank. We have 103 members. The dues will be \$4.00 till May 1, 2010.

Recreation: Two new dates are May 20, 2010 for a Senior Paddle and June 26, 2010 for the Family Paddle.

4. Old Business

Shirts and hats are still available. The shirts are \$20.00 and the hats are \$10.00.

5. New Business

Bill discussed the Tar Landing Access. It is open to the public but has limited parking. Everyone must be respectful of the property and the residents. The sign saying that "Use at your own risk," implies that it is open to everyone.

Safety classes are scheduled at the YMCA on March 18th and 25th, 7-9:00. The fee will be \$10.00, which goes to the YMCA. Ten people in each session. E-mail Bill if interested. Anyone may come and watch the demonstration. It can be very educational.

No more new business.

Meeting adjourned at 8:10

Respectfully submitted

Kathie Vickrey