

Kayak Rescue Training

- *January 8th - Garber Methodist Center for on land practice at 7-9 p.m.*
- *February 6th & 13th - New Bern Y.M.C.A. at 7-9 p.m. for pool training*
(two separate classes limited to ten participants for each date)

Cost is free for the on land practice but pool sessions are \$10

Materials needed by participants include the following:

1. *Paddle*
2. *P.F.D.*
3. *Spray skirt **
4. *Pump**
5. *Paddle float **

** note - if participant does not have these items we may be able to provide if we know in advance*

We will need club members to provide 5 or 6 rotomolded boats for practice at Garber and YMCA.

Instruction by Terry Rich w/ assist by Cal Hansen, John Klecker, Bill Sadler and others that are willing to help out

***SKILLS TO BE TAUGHT:** Due to severe limitations on time (2 hours @ Class), we will have to limit our practice to prioritize the following skills -*

1. *Wet Exit*
2. *Paddle Float Self Rescue (w/o & w/ strap)*
3. *T-Rescue*
4. *Cowboy Self Rescue*

There are numerous other rescue skills that we could include but for a two hour session, the above list of skills will be a challenge to cover. Hopefully this is just a beginning to more skill development in the future. Terry