

**GOLDSBORO TO SEVEN SPRINGS– NEUSE RIVER PADDLE**  
**Sam Casey Bridge at Goldsboro to Whitehall Bridge at Seven Springs**  
**October 6, 2007**

**When:** Saturday - October 6, 2007 at 9:30AM

**Paddle Distance:** 14.9 miles

**Trip Difficulty:** Moderate (Distance is less a factor, paddling with current)

**Skill Requirements:** Intermediate and above.

**Time on the water:** 4 1/2 to 5 hours with lunch break

**Trip Details:** we will paddle down the Neuse River from the Sam Casey Bridge on Highway NC 581 south of Goldsboro past the Cliffs of the Neuse State Park to the Wildlife Boat Ramp in downtown Seven Springs. Lunch will be at the first sandbar after the 111 bridge. We will take a short break across the river from the cliffs. From there we will paddle to our take-out in Seven Springs.

**Provisions:** PFD must be worn, water, lunch or snacks, sun screen or UV protective clothes and hat, a change of clothes in dry bag.

**Shuttle:** Meet at the Sam Casey Bridge at NC Highway 581 no later than 9:30 am. We will take cars to the wildlife boat ramp on the Neuse River at the NC Wildlife Boat Ramp next to the White Hall Bridge in Seven Springs and leave some cars here to shuttle us back to the put in at the end of the trip.

**Note:** if several people from New Bern area wants to they can meet at the boat ramp in Seven Springs and from there double-up on boats and go to the put-in. This will be the fastest way to do it if you know the way from Seven Springs to the Sam Casey Bridge.

**Driving Directions:**

Driving Direction to Put-In: From the east, take US 70 WEST toward Goldsboro. At the first signal light at Goldsboro turn left onto Hwy 111 South (Handy Mart on corner to your left). From there get into right hand lane and when it ends at the fourth signal light on Hwy 111 turn right onto Hwy 581 North. Go .7 miles to Sam Casey Bridge that crosses the Neuse River. Just on the other side of the bridge there is an opening in the guard rail to your left. Turn left at opening and you are at the Wildlife Boat Ramp, our put-in.

**Trip Leader:** Mike Smith (919) 580-4649 or Paige Rouse (919) 922-4219 (c ) or [paigerouse@yahoo.com](mailto:paigerouse@yahoo.com) (but I do not have computer at home, so do not e-mail after the Thursday before the trip)